The Supply Source
4500 Hiatus Road
Suite 207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Light Cured Gels

Systems and Application

Preparation
The 3 Gel System... Base, Build, Gloss
The 2 Gel System... Euro Gel
All In One U.V. Light Cured Gel
French White Gel
Fills
Reflex Gel

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Preparation

Good preparation is very important for a safe and successful result when performing any nail service. Laying a good foundation is essential and preparation of the nail should always be taken seriously.

A Clean Start

Always have your client wash hands with soap and warm water prior to ANY nail service.

Remove nail polish

If your client is wearing nail polish, remove this with acetone.

Preparation

Push back the cuticle.
Make sure that all the pterygium is removed. Pterygium is the thin layer of cuticle that grows against the nail plate.
GENTLY buff the shine from the nails with a medium or soft Grit nail file.

Remove the dust

Remove all the dust from the nails.
You can use a dry brush or a nail wipe saturated in acetone to wipe away the dust.

Promoting Adhesion by Dehydrating and De-fatting the nail plate

Use ***Nail Prep or Wipe Out*** generously to dehydrate and de-fat the nail plate and cuticle area. While the nail is most probably dry at this stage, ***Nail Prep and Wipe Out*** are formulated to promote better adhesion of the gel to the nail. Brush on **Nail Prep** or wipe the nails with **Wipe Out**

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

LENGTHENING

If applying tips to add length you may do so at this point.
After applying your tips make sure you:

Remove the dust

Remove all the dust from the nail plate.
You can use a dry brush or a nail wipe saturated in acetone to wipe away the dust.
Make sure you wipe ONLY the natural nail and NOT the attached tip extension. Acetone will melt the tip.

Promoting Adhesion by Dehydrating and De-fatting the nail plate a second time

Use ***Nail Prep or Wipe Out*** generously to dehydrate and de-fat the nail plate and cuticle area. Again, while the nail is most probably dry at this stage, ***Nail Prep and Wipe Out*** are formulated to promote better adhesion of the gel to the nail. Brush on **Nail Prep** or wipe the nails with **Wipe Out.** REMEMBER, you may have imparted oils and moisture from your own hands through touch while applying and filing your tips.

The 3 Gel System... Base Build Gloss

Base

Apply a thin layer of **BASE GEL** on the natural nails.
Make sure that you cover the whole nail since this is like a primer coating.
Do not apply too thick. Apply a thin coat much as you would a top coat or clear polish.
Use just enough to cover without running.
Place hands in light and Cure for 3 minutes

Build

Apply a thick layer of **BUILDER GEL** and wait about 10 seconds for gel to level.
(If gel runs on to the skin too much has been applied. Simply remove excess with an orange wood stick at the spot where it has run.)
Place hands in light and Cure for 3 minutes

NOTE: This layer should be as thick as possible without running on to the skin. If, after you have cured this layer of gel you feel additional gel is required to build a strong overlay, simply repeat this step by applying and curing a second layer.

Cleanse

When you have finished curing your **Builder Gel** application(s) you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing.
To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape

File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.

Builder Gel will self-level, however be sure to file away any uneven spots that may have accidentally occurred.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Gloss

You should now have a nail with the desired shape that is dust free.
Glossing Gel will add a seal and a beautiful shine.

Apply a layer of **Glossing Gel** just as you would apply polish.
Apply evenly. You will not be filing this layer of gel.
Do NOT apply too thin or too thick. This application of gel should be thicker than the Base Gel but thinner than the Builder Gel.
Place hands in light and Cure for 3 minutes

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

The 2 Gel System… Euro Gel

Base

Apply a thin layer of **BASE GEL** on the natural nails.
Make sure that you cover the whole nail since this is like a primer coating.
Do not apply too thick. Apply a thin coat much as you would a top coat or clear polish.
Just enough to cover without running.
Place hands in light and Cure for 3 minutes

Build

Apply a thick layer of **Euro Gel**
Place hands in light and Cure for 3 minutes

NOTE: Euro Gel will NOT run. Apply a thick layer and form with a gentle touch using the belly of your brush.

Cleanse

When you have finished curing your Euro Gel you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing.
To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape
File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.
Be sure to file away all uneven surface areas.

Remove the dust
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Shine and Seal
You should now have a nail with the desired shape that is dust free.
Apply a thin layer of **Euro Gel.** You will not be filing this layer of gel.
Make sure it is thin and smooth. Do NOT apply too thick.
Place hands in light and Cure for 3 minutes

Cleanse
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge
Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

All In One U.V. Light Cured Gel

This system is for use over tips or existing gels.
Apply a thin layer of **Light Cured Gel** to the entire nail.
Place hands in light and cure for 3 minutes.

Repeat this as many times as needed. If you feel additional gel is required to build a strong overlay simply repeat this step by applying and curing as many layers as you desire.

Cleanse
When you have finished curing your all layers of **Light Cured Gel** you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing. To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape
File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.
Be sure to file away all uneven surface areas.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Shine and Seal

You should now have a nail with the desired shape that is dust free.
Apply a thin layer of **Light Cured Gel.** You will not be filing this layer of gel.
Make sure it is thin and smooth.
Do NOT apply too thick.
Place hands in light and Cure for 3 minutes

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

French white gel

Creating a French manicure look is easy!
This gel is designed for application just like white polish.
You can use it with any of the gels we have discussed.
Remember to STIR your gel prior to use. Our pigment is very dense and may settle a bit.
You will always integrate **French White Gel** as the FIRST application of gel.
Apply the white gel to the edge of the nail directly on top of the nail tip.

Place hands in light and Cure for 3 minutes
NOTE: Always apply a thin layer. Never more than is needed to cover evenly

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue. Do not over saturate and flood the surface of the tip.

FILLS

Maintaining Gels

Begin by following the steps outlined for preparation. Then continue…

Buff

Use a medium grit abrasive to buff the entire surface of the existing gel. Any loose gel should be removed by gently buffing it away**.**

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Remove the dust
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

The 3 Gel System…

Base Build Gloss

Base

Apply a thin layer of **BASE GEL** at the base of the nail. This is being applied to the new growth area. You will need very little. Use just enough to cover this area without running. Any excess can be dragged up and on to the existing overlay. Remember that you do not need to cover the whole nail but just the natural nail at the base. Do not apply too thick.
Place hands in light and Cure for 3 minutes

Build

Apply a THIN layer of **BUILDER GEL** to the ENTIRE nail and wait about 10 seconds for gel to level. (If gel runs on to the skin too much has been applied. Simply remove excess with an orange wood stick at the spot where it has run.)
Place hands in light and Cure for 3 minutes

Cleanse

When you have finished curing your **Builder Gel** application you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing.
To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape

File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.
Builder Gel will self-level, however be sure to file away any uneven spots that may have accidentally occurred.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Gloss

You should now have a nail with the desired shape that is dust free.
Glossing Gel will add a seal and a beautiful shine.

Apply a layer of **Glossing Gel** just as you would apply polish.
Apply evenly. You will not be filing this layer of gel.
Do NOT apply too thin or too thick. This application of gel should be thicker than the Base Gel but thinner than the Builder Gel.
Place hands in light and Cure for 3 minutes

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

The 2 Gel System… Euro Gel

Base

Apply a thin layer of **BASE GEL** at the base of the nail. This is being applied to the new growth area. You will need very little. Use just enough to cover this area without running. Any excess can be dragged up and on to the existing overlay. Remember that you do not need to cover the whole nail but just the natural nail at the base. Do not apply too thick.
Place hands in light and Cure for 3 minutes

Build

Apply a THIN layer of **Euro Gel**
Place hands in light and Cure for 3 minutes

Cleanse

When you have finished curing your Euro Gel you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing.
To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape

File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.
Be sure to file away all uneven surface areas.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Shine and Seal

You should now have a nail with the desired shape that is dust free.
Apply a thin layer of **Euro Gel.** You will not be filing this layer of gel.
Make sure it is thin and smooth. Do NOT apply too thick.
Place hands in light and Cure for 3 minutes

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

All In One U.V. Light Cured Gel

Apply a thin layer of **Light Cured Gel** to the entire nail.
Place hands in light and cure for 3 minutes.

Cleanse

When you have finished curing your all layers of **Light Cured Gel** you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing. To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Shape

File and shape the nails as usual.
Very thin at the cuticle area and moderately thin at the free edge.
Be sure to file away all uneven surface areas.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Shine and Seal

You should now have a nail with the desired shape that is dust free.
Apply a thin layer of **Light Cured Gel.** You will not be filing this layer of gel.
Make sure it is thin and smooth.
Do NOT apply too thick.
Place hands in light and Cure for 3 minutes

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Back Fills: French white gel

Remember: This gel is designed for application just like white polish.
STIR your gel prior to use. Our pigment is very dense and may settle a bit.
You will always integrate **French White Gel** as the FIRST application of gel.

Buff

Use a medium grit abrasive to buff the entire surface of the existing gel. Any loose gel should be removed by gently buffing it away. DO NOT completely buff away the old overlay so as to remove the previous layer of white gel. It is a good idea to buff the edge of the nail so as to make it thinner. This should be done to avoid a nail that ends up being too thick.

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Apply the white gel to the edge of the nail directly on top of the existing overlay and just where you want it.

Place hands in light and Cure for 3 minutes
NOTE: Always apply a thin layer. Never more than is needed to cover evenly

Cleanse

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue. Do not over saturate and flood the surface of the tip.

Continuing...

At this stage you should continue with the application of either

Base Gel for fills using the 3 Step System
Or
Base Gel for fills using the 2 Step System
Or
All In One U.V. Light Cured Gel for fills using the 1 Step System

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Applying and working with

Reflex Gel

This system is for use over tips or natural nails.
Apply a thin layer of **Reflex Gel** to the entire nail.
Place hands in light and cure for 3 minutes.

Repeat this as many times as needed. If you feel additional gel is required to build a strong overlay simply repeat this step by applying and curing as many layers as you desire.

Cleanse

When you have finished curing your all layers of **Light Cured Gel** you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing. To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

FILLS

Maintaining Reflex Gel

Begin by following the steps outlined for preparation. Then continue…

Buff

Use a medium grit abrasive to buff the entire surface of the existing gel. Any loose gel should be removed by gently buffing it away**.**

Remove the dust

Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail.

Apply a thin layer of **Reflex Gel** to the entire nail.
Place hands in light and cure for 3 minutes.

Cleanse

When you have finished curing your all layers of **Light Cured Gel** you will remove the sticky residue. Gel will always produce a sticky residue on the surface while curing. To remove:
Saturate a soft cotton pad with *Wipe Out* and gently wipe the surface of the nail to remove the sticky residue.

The Supply Source
4500 Hiatus Road #207
Sunrise, FL 33351
U.S.A.
www.idonails.com
954-742-9553
800-221-8477

Free Edge

Because gels will shrink when they cure you will notice a slight uneven lip at the very end of the nail extension. This free edge dip should be corrected by simply shortening the very end of the nail until this dip has been filed away.

Let the customer wash their hands before polishing.

Here Are Some Important Points To Remember

Always make sure your bulbs are working to their full potential. Change them 2 or 3 times a year depending upon how heavy your usage is. The more you use your light the more frequently you should change your bulbs.

Always make sure the hand is placed all the way in to the light unit. Try and have the hand positioned so as to avoid severe tilting. Tilting can cause some gels to run. Tilting can also deny the first and fifth fingers full exposure thus resulting in dull spots or uncured gel. If this occurs, repeat the application steps on just the effected nails.

The curing times designated in these instructions are based on laboratory-controlled tests as well as in salon use. Additionally, all times are for a 6watt lamp. **If using a 9watt lamp time may be shortened from 3 minutes to just 2 minutes.**

For further information and technical assistance contact us at help@idonails.com or at one of the telephone numbers appearing in this literature.

Thank You!